

# ARCHERY XTRA

September 2017

## Sticke & Stringe

**Tips for Beginners**

**SA Indoor**

**Hobart Archers**

**Building  
Field Courses**



**Tips for Your First Competition**

**Sticke & Stringe**

**Quick Wins for the Beginner that Every Archery Coach Should Understand**

**South Australian Indoor**

**Skyshots and Backdrops**

**Yass Field**

**Competitions**

Front cover featuring Jo-Ann Whalley of the Bowmen of Melville, image provided by Ray Ross.



pack for all types i.e. hat, sunscreen, raincoat, wet weather shoes, jacket, insect repellent.

Written by Kim Lavender. Photos provide by Robert Logan and VT Nugyen

8. Stick to your normal routine – do you have an order that you put together your bow? Stick to it at a comp – it will ease your nerves. Warm up the same way too. Do not be distracted by what is going on around you – focus on your routine.
9. Know where the amenities are - don't waste time during the competition by asking. Ask before the first buzzer. Same for drinks – know where to fill up your water bottle.
10. Bring cash with you – is the club offering a lunch deal? Will you need to pay for parking?
11. Have fun! Enjoy the experience



# The Sticke and Stringe

## By Kitty Drok (medieval mercenary-for-hire)



Illuminated portraiture  
by guildsmen of the  
Belmont Camera Club  
and WA Camera Club

Photo Taken by Ray Ross



Photo Taken by Ray Ross

The day dawned bright and clear on the verdant Field of Play in the Duchy of Melville. Commoners and nobles alike gathered from the surrounding estates with one thought in mind: to demonstrate their skill with the Sticke and Stringe, and to be acclaimed as the best archer in the land.

The Sticke and Stringe Tournament heralds the return of Spring each year, begun in the Year of Our Lord 2003 by Sir Keith 'Longbowtom' and Count Bob Cowley-Cooper to promote the noble art of longbow among the populace.

Contestants gathered in their finery, grouped by allegiance, birthright or homeland, with travellers from as far afield as the Mongol Empire and the

Far East Orient. Much 'friendly' banter was heard between the groups as old rivalries were rekindled, wagers were laid down, and challenges were made afresh.

Thirty-six archers took to the field controlled by the Director of Shoot, Master Michael of Duncan. Competition to split the wand was fierce, with the 50 m event dominated by the fairer sex and won by Lady Kathy Dickinson of Kalamunda. Earl James Whitehouse of Burswood surprised everyone with a shapely turn of leg, which served to distract his rivals at pivotal moments during the next competition. However the 30 m event was also hotly contested, and eventually won by the mysterious

traveller Sir Adam Price, who was immediately welcomed into the Duchy of Melville on account of his demonstrated archery prowess.

Sir Graeme Broadbent of Melville, although unable to contest this year's event, still made a fine showing as a master bowyer. More than half of the longbows on the field bore the marks of his craftsmanship, and their owners were rightly covetous of their bespoke and elegant weapons. The distinctive yumi and shooting style of Mark Weston-san, as the single adept of Ky d present, was also the subject of much attention.

The trophy event was a Short Canberra target round as the sun reached its zenith. Lady Moya

Longbottom was in attendance to witness the spectacle and award the eventual victors. The Keith Longbottom Memorial Trophy was claimed by Lord Paul Coffey of Melville, and the Maid Marion Trophy was carried aloft by Marquess Angela Simpson of Kalamunda. The victorious archers also acquired spoils kindly donated by Sir Kevin of Toxophilite Archery Supplies.

At the conclusion of the tournament, the champions were celebrated with much quaffing of ale and embellishment of deeds. As the shadows grew longer and tales became taller, challenges were issued afresh as there is always next year....



Photo Taken by Ray Ross



Photo Taken by Chris Dun



Photo Taken by Chris Dun



Photo Taken by Ray Ross



Photo Taken by Richard Kujda



Photo Taken by James Farquhar



Photo Taken by Erika Ederveen



Photo Taken by Erika Ederveen



Photo Taken by Erika Ederveen



Photo Taken by Erika Ederveen



Photo Taken by Di Fitzsimons