

North win sets up all-Freo final

NORTH Fremantle stormed home to complete a stunning come-from-behind victory to knock the powerful North Beach out of the Perth Football League finals series last weekend.

Trailing until they hit their straps early in the final quarter, North Fremantle stayed in the premiership race with the 16-point win, 9.10 (64) to 7.6 (48).

North Beach got off to a great start, kicking three first quarter goals and holding North Fremantle goalless to go to the first break with an 18-point advantage.

The second quarter saw a hard slog, where North Fremantle clawed their way back to a 10-point deficit by half-time by kick-

ing the only goal for the term.

It remained an arm wrestle after the long break, with North Beach managing two goals and the port team three, bringing the margin back to just three points at three-quarter time.

North Beach scored the first goal in the final stanza but then the floodgates opened for North Fremantle, kicking five of the next six goals for a solid win.

While the North Beach season has ended, North Fremantle live to fight another sudden death final against port rivals Fremantle CBC at Morris Buzzacott Reserve this weekend.

In the other A Grade final, Darren Mumford led

the way with three goals in a convincing win by University over Fremantle CBC to set up a return battle against minor premiers Scarborough next week.

A solid 32-point with by the University side, 13.9 (87) to 8.7 (55), enables them to return confidently after defeating Scarborough last month at their home ground at Millington Reserve.

This week also features a special event as Perth Footy Live heads to Pat Goodridge Reserve to cover the Integrated Football grand final between Coolbinia and Willetton.

Tune in on the Facebook pages of Footy Radio or Community News for the coverage on Saturday.

Walk, don't run, to football trial

CURTIN Football Club has launched walking football.

A free come-and-try day will be held this Saturday on the Curtin Courts adjacent to Edinburgh Oval at 4pm.

Trials are being played

on the court, not grass, so comfortable shoes suitable for hard courts should be worn.

Walking football is a low-impact, team-based sport suitable for all ages.

Matches are played with

modified formats on smaller pitches and with shortened game times.

For more information visit https://curtinfootball.teamapp.com/custom_pages/5782-programs-walking-football.

Fighting chance

THE UFC's most dangerous woman is coming to Perth.

Current women's fly-weight champion Valentina Shevchenko (pictured) will be holding a training event at Loftus Recreation Centre on September 14.

Shevchenko, who has been studying martial arts since she was five, will spend the day holding two one-hour workshops and a meet-and-greet session.

The event will be hosted by local gym The Dojo Martial Arts and Fitness.

"We are super excited to have Valentina visit Perth and share her knowledge with local athletes and fans," The Dojo owner and head trainer Dean Woodhams said.

"She's arguably the best female fighter in the world at the moment and has a huge international following, which has only grown since she defended her world fly-weight title last month."

Shevchenko is a Muay Thai world champion, has studied taekwondo and grappling, and has a black belt in judo.

Limited tickets are on sale at www.thedojowa.com.



Ye Olde archery contest



Archers Kaye Duncan, Kitty Drok, Robyn Jones and Clair Lee.

THE Bowmen of Melville have again celebrated archery's humble roots with a traditional long-bow tournament.

Compound and recurve archers put the shiny modern bows away and joined the traditional longbowers for a day of competition at this year's Ye Olde Sticke and Stringe event.

Participants dressed the part too, with tradi-

tional finery adding to the spectacle of the day.

The target event was contested in the morning, with arrows shot at a 10-ring target over 50, 40 and 30 metres.

The Robin Hood Trophy was won by Steven Padley from Baldivis Archery Club and the Maid Marion Trophy by Kathy Dickinson from Kalamunda Governor Stirling Archers.

The afternoon event was a traditional 'split the wand' competition, with arrows shot at a six foot two inch tall thick vertical willow wand - the modern replacement of which was a foam pool noodle.

Padley won the 50m event, but the 30m event was hotly contested and required a four-way shoot off, eventually won by Jo-Anne Whalley from

the Bowmen of Melville.

Roving marks were contested to finish the event, recreating the way historical English longbowmen amused themselves by shooting at a variety of ad-hoc marks on their way from Sunday Mass.

Bragging rights went to Alan Horrocks from the Bowmen of Melville for his accuracy.

Kitty Drok

Ciampini hat-trick seals playoff spot

MURDOCH University Melville (MUM) wrapped up their playoff spot and sealed third place in State League Division Two after an Adrian Ciampini hat-trick inspired them to a 4-1 win over Kelmscott Roos.

Two goals either side of half time secured MUM's maiden post-season appearance with two games to spare as they look to enter the playoffs full of confidence.

The result means coach Gavin Brown will have time to tinker with his preferred line-up and possibly rest players over the final two games ahead of their clash with Gosnells City, which begins in mid-September.

After a confidence-boosting win last week, MUM started well and were rewarded when Ciampini converted Broden Brown's pass from close range.

However, Kelmscott hit

back within a minute, going straight on the attack from the resultant kick-off and equalising through Asa Sippitts' calm finish.

Parity was restored for the hosts when Declan Tanna galloped past the Roos' defence and picked out Ciampini, who once again made no mistake.

Tanna played a big part in the third goal as he cut inside and backheeled it to the overlapping Ryan Tucker, whose stinging shot evaded the goalkeeper.

Ciampini completed his hat-trick late in the piece after he was upended in the box and the winger coolly slotted home to complete the route.

Elsewhere, MUM's Under 18s team claimed their 20th win in a row to seal the league title, disposing of Kelmscott 9-3, while the Reserves added some gloss to their own season with a 4-1 victory.

New boss for Water Polo

CHRIS Beech has taken over the reins of Water Polo WA and will be its general manager for the next year.

"It's really good opportunity to lead a sport across the state and unlock its potential," Mr Beech said.

His previous role was state operations manager at sport educator SEDA Group in Myaree.

He has also had roles at

Football West, Football Federation Australia and Unisport UWA.

Mr Beech said it was an exciting time for water polo's 4500 players in WA because of future events, including the forthcoming Tokyo Olympics.

He replaces Benjamin Haywood, who resigned to be a senior consultant with Sport Australia.

MELVILLE